



Pregnant Mothers Intake Form

Name: _____

Age: _____

Have you previously received chiropractic care: __ Yes / No__

Who referred you here: _____

Prenatal history:

1. Is this your first pregnancy? __ Yes / No__

2. How many other births have you had? _____

3. How many weeks pregnant are you now? _____ weeks

4. Have you experienced any traumas (accidents, falls) during this pregnancy? __ Yes / No__

Please describe: _____

5. Any medications taken during this pregnancy? _____

6. Do you smoke or drink alcohol? __ Yes / No__

7. Have you had any evaluation procedures (ultrasound, amniocentesis, chorionic villus sampling)?

8. Please list dates, frequency and reason for these procedures: _____

9. How has your diet been during this pregnancy? _____

10. Have there been any stressful events in your life during this pregnancy? _____

11. What are your most significant fears associated with this birth? _____

12. Who is your birth care provider? _____

13. Will you have someone with you at birth for support (other than birth care provider)? __ Yes / No__

Please specify who: _____

14. Where do you plan on delivering? _____

15. Have you put together a birth plan? _____

Previous Birth History:

1. Place of birth: Hospital / Birthing Center / Home / _____

2. Delivering Practitioner: OB/Gyn, Certified Nurse Midwife, Certified Practicing Midwife, Lay Midwife

3. Position of Delivery: Lithotomy position (on back with feet up) / On Your Side / Kneeling / Squatting / Other / _____

4. Was labor induced (contractions were stimulated *prior* to the natural onset of labor): Yes / No

a. If yes, specify type: Pitocin / Prostaglandin Gel (applied to your cervix) / Unknown

5. Were your membranes ruptured by your care provider? Yes / No / Unknown

6. Were contractions stimulated intravenously with pitocin *once* labor started?: Yes / No / Unknown

7. Did you receive any pain medications or anesthesia? Yes / No / Unknown

a. Please specify type used: _____

b. If you had an epidural, how many cm. were you dilated when it was administered: ____ cm

8. Did you experience back pain during labor? Yes / No / Unknown

9. Did you deliver vaginally? Yes / No

10. Baby presentation at time of delivery: Normal / Posterior / Brow / Facial / Breech

a. If breech, specify type: Footling / Frank / Complete / Kneeling

b. Was there any visible injury to your baby? Yes / No / Unknown

c. If so, where on your baby was the injury sustained? _____

11. Did your care provider assist delivery with his/her hands? Yes / No / Unknown



- a. Was there any turning of the neck, or traction applied to the neck? Yes/No/Unknown
- 12. Were operative devices used to facilitate the birth? Yes / No / Unknown
 - a. Which type? Forceps / Vacuum Extraction
 - b. If yes, were there any visible signs of injury to your baby? Yes / No / Unknown
 - c. If yes, where was the injury sustained? _____
- 13. Was there a birthing coach present? Husband / Doula / Friend / Other____
 - a. If other, please specify: _____
- 14. At what week of pregnancy was your baby born? _____